

Tréninkový plán – sezóna 2016 / 2017 mladší žactvo

| TC | I. | II. | III. | IV. | V. | VI. | VII. | VIII. | IX. | X. | XI. | XII. | Celkem |
|----------------------------------|-----------------|----------------------|-------------------|----------------------|-----------------|-------|-------|----------------------------------------------|-------|--------------------|-------|-------|--------------|
| | 05/15 | 06/15 | 07/15 | 08/15 | 09/15 | 10/15 | 11/15 | 12/15 | 01/16 | 02/16 | 03/16 | 04/16 | |
| TD | 14 | 15 | 16 | 17 | 15 | 17 | 14 | 18 | 17 | 15 | 14 | 9 | 181 |
| TJ | 15 | 17 | 20 | 23 | 19 | 20 | 16 | 27 | 19 | 18 | 15 | 9 | 218 |
| TH | 22 | 25 | 41 | 43,5 | 23 | 24 | 20,5 | 26 | 26 | 22 | 14,5 | 5 | 292,5 |
| ZÁVODY | 1 | 1 | | | 4 | 3 | 1 | 2 | 5 | 4 | 3 | 1 | 25 |
| THC | 12 | 12 | 21 | 28 | 14,5 | 14,5 | 8,5 | 20 | 20 | 17 | 11 | 2 | 180,5 |
| LY I, II | | | | | | | | 17 | 16 | 14 | 9 | | 56 |
| LY III, IV | | | | | | | | 3 | 4 | 3 | 1 | | 11 |
| KB | 1 | | 2 | 2 | 3 | 2 | | | | | | | 10 |
| BE I, II | 2 | 3 | 4 | 5 | 6 | 7,5 | 6 | | | | 1 | 1 | 35,5 |
| BE III, IV | | | 1 | 2 | 2 | 2,5 | 2 | | | | | | 9,5 |
| KO | 4 | 4 | 6 | 7 | 3 | 2 | | | | | | 1 | 27 |
| IM | | | | | 0,5 | 0,5 | 0,5 | | | | | | 1,5 |
| CH | 5 | 5 | 8 | 12 | | | | | | | | | 30 |
| HR | 8 | 10 | 10 | 10 | 6 | 6 | 7 | 3 | 3 | 2 | 1,5 | 3 | 69,5 |
| SI obec. | | | | 0,5 | 0,5 | 0,5 | 1 | 1 | 1 | 1 | | | 5,5 |
| GO+JI | 2 | 3 | 10 | 5 | 2 | 3 | 4 | 2 | 2 | 2 | 2 | | 37 |
| RE+PLAV. | 5 | 6 | 9 | 9 | 7 | 7 | 6 | 6 | 6 | 6 | 6 | 4 | 77 |
| | 2 | 2 | 7 | 7 | 2 | | | 12 | | 2 | | | 34 |
| Soustř., trén. pobyty | NM 21.-22.5. | Barbora 17.-19.6. | Vltava 2.-9.7. | Jizerky 20.-27.8. | NM 17.-18.9. | | | První sníh 10.-17.12. NM 26.-30.12. | | NM 1x víkend | | | |
| počet účastn. | 20 | 20 | 20 | 20 | 20 | | | 20 | | 20 | | | |